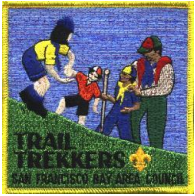


Pack 1776 Hiking Program

Overview

This is a 2-year program that covers all 8 hikes in the Trail Trekkers Program, touches part of the Highlander Program that the boys will continue into their Boy Scouting years, and includes a couple other local outings.

Trail Trekkers Program



The Trail Trekker Hikes are a series of 8 hikes in the Bay Area that are appropriate for Cub Scouts. The hikes introduce a variety of environmental and geological elements to the Scouts while they explore the diverse Bay Area. A series of 9 patches represent completion of the hikes. A large colorful square patch (shown above) is earned by completing the first hike. Each subsequent hike earns the applicable small segment patch for that hike. These patches are frequently displayed with the large patch in the center and two segment patches along each of its four sides.

Highlander Program

Mt. Diablo Silverado Council's Highlander program encourages youth in Cub Scouts, Boy Scouts and Venturing to experience the outdoor wonders that exist within our Council. The program is a series of 14 progressive hikes with a center patch awarded with the first hike and a rocker for each hike. Many of the hikes are specific trails, but some may be awarded for any hikes done within the park. Most of the hikes can be done by youth of any age.







2011-2012

- Hoot Owl Night Hike, Sycamore Grove Park, Livermore
- Lake Chabot, Anthony Chabot Regional Park, Castro Valley
- Coyote Hills, Coyote Hills Regional Park, Fremont
- Rock Climbing & Leave No Trace Training, REI Concord
- Presidio Historic Trail, San Francisco Presidio, San Francisco
- Elephant Seals Guided Walk, Año Nuevo SP
- Flag Hill, Sunol Regional Wilderness, Sunol
- Black Diamond Mines Regional Preserve, Antioch
- Redwood Creek, Redwood Regional Park, Oakland

2012-2013





- Hawk Talk & Rodeo Lagoon, Golden Gate National Recreation Area
- Scout-O Orienteering Championships, Briones Regional Park, Martinez
- Sycamore Grove, Sycamore Grove Park, Livermore
- Indoor Rock Climbing at SFBAC, San Leandro
- Bicycling Iron Horse Regional Trail, San Ramon – Danville
- Forest Conservation Days, Sanborn County Park, Saratoga
- Little Yosemite, Sunol Regional Wilderness, Sunol
- Wildcat Peak, Tilden Nature Study Area, Tilden Regional Park, Berkeley

2011 – 2012 Hiking Program

Month	Location		Notes
September		<p>Hoot Owl Night Hike, Sycamore Grove Park, Livermore</p> <p>This program lasts 1½ to 2 hours and begins with a ranger-led introduction to nocturnal animals and adaptations of nighttime critters, followed by an easy hike of 1 to 1½ miles. We will make stops along the way to do a few activities. Each ranger has their own special repertoire of fun and informative activities, so no two outings are exactly the same. This program is conducted, literally, "in the dark." Everyone is expected to use their night vision during the program, so please leave your flashlights at home.</p>	<p>Suggested age: Tigers through Bears Related awards: Detail: Hike info, park info Notes: \$190 per group (max 20 in group)</p> <p>Leader Notes: Reservation required at http://www.larpd.dst.ca.us. Each group has a capacity of 20, including chaperones. Book early.</p>
October		<p>Lake Chabot, Anthony Chabot Regional Park, Castro Valley</p> <p>Outdoor Pack meeting</p>	<p>Suggested age: Tigers through Webelos Related awards: TBD Detail: Park info</p>
November		Pack camping (TBD)	
December		<p>Coyote Hills, Coyote Hills Regional Park, Fremont</p> <p>This short hike will introduce scouts to the marsh and hills of Coyote Hills Regional Park and give you a chance to see a great Visitor Center.</p>	<p>Suggested age: Tigers through Webelos Related awards: TBD Detail: Hike info, park info</p> <p>Leader Notes: Contact regional park in August to pair hike with naturalist-led programs.</p>
January		<p>Rock Climbing and Leave No Trace Training, REI Concord</p> <p>The PEAK program, which consists of an REI backpack stuffed with essential gear for outdoor adventure, as well as games, activities and lessons, has two primary goals:</p> <ul style="list-style-type: none"> • Increase awareness of Leave No Trace principles • Promote the stewardship of outdoor recreational resources <p>Through this hands-on, interactive program children are taught to have fun outside while practicing responsible outdoor recreation.</p>	<p>Suggested age: Tigers through Webelos Detail: Award info, Leave No Trace PEAK program info</p> <p>Leader notes: Contact REI to setup appointment. Event can be tailored to need with topics like leave no trace, hiking, geocaching, etc. Usually with climbing wall and games. Free.</p>
February		<p>Presidio Historic Trail, San Francisco Presidio, San Francisco</p> <p>The Presidio Historic Trail, sponsored by the San Francisco Bay Area Council, has a trail for Cub Packs and Boy Scout Troops. The Cub Scout Trail is about 3.5-miles as it starts from the Visitor Center, down to Fort Point and then around to Battery Chamberlin. The Boys Scout Trail is between 6.4 to 8.1 miles depending upon whether the troop hikes all across the Golden Gate Bridge and back.</p>	<p>Suggested age: Tigers through Webelos Related awards: Historic Trails Award Detail: Trail info, SF Presidio info</p> <p>Leader Notes: May pair this with Flag Planting at SF National Cemetery in May.</p>






Program subject to change based on weather conditions, participation levels, or other scheduling constraints.

2011 – 2012 Hiking Program

Month	Location		Notes
March		<p>Elephant Seals Guided Walk, Año Nuevo SP</p> <p>Año Nuevo State Park is home to a large colony of Northern Elephant Seals. The Park offers naturalist-guided walks between December 15 and March 31, which feature the seals in their natural habitat. These popular three-mile walks, over rolling sand dunes, last about two and a half hours and are considered moderately strenuous.</p>	<p>Suggested age: Tigers through Webelos Related awards: Detail: Guided walk info, park info Note: Each walk has 20-person capacity.</p> <p>Leader Notes: Contact: 800-444-4445. Guided walks are offered mid-December to end of March. Book early in October.</p>
April		Pack camping (TBD)	
May		<p>Flag Hill, Sunol Regional Wilderness, Sunol</p> <p>A moderately strenuous hike will take you to the top of Flag Hill, which is composed of layers of fossil-rich sandstone formed some 13 million years ago. You'll enjoy great views and good opportunities to watch birds and other wildlife. Ambitious hikers may take an optional detour to Indian Joe Cave Rocks.</p>	<p>Suggested age: Webelos Related awards: Detail: Hike info, park info</p> <p>Leader Notes: Camping opportunities available</p>
June		<p>Black Diamond Mines Regional Preserve, Antioch</p> <p>Starting in the 1860's and continuing into the early 20th century, the Black Diamond Mines area operated a number of coal mines. More than 1.8 million tons of coal was removed from the ground during this time period. As coal use dropped off, sand was also mined at Black Diamond.</p> <p>The area is now a regional park with around 65 miles of hiking trails through beautiful countryside. Mine tours are available, or units may go on self-guided tours of some of the mining facilities that remain. Also of particular interest is the Rose Hill Cemetery, where many of the former miners and their families are buried.</p>	<p>Suggested age: Related awards: Detail: Location info</p> <p>Leader notes: Park naturalists provide a variety of programs relating to the preserve's natural and cultural history. For information on upcoming programs please call (510) 544-2750 or send an e-mail to bdvisit@ebparks.org</p>
July		<p>Redwood Creek, Redwood Regional Park, Oakland</p> <p>This is a wonderful loop hike up the Stream Trail along Redwood Creek through a magnificent second growth redwood forest which is over a century old. The hike is completed by looping back on the East Ridge Trail, which gives access to different scenery and great views.</p>	<p>Suggested age: Bears, Webelos Related awards: Webelos Forester pin Detail: Hike info, park info</p>
August		Pack camping (TBD)	





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2012 – 2013 Hiking Program

Month	Location		Notes
September	 	<p>Hawk Talks and Banding Demonstration, followed by a hike around Rodeo Lagoon at Golden Gate National Recreation Area, Marin</p> <p>The coastal flyway used by migrating hawks, or raptors, offers a sometimes up-close view of these magnificent, powerful fliers. At the peak of migration up to 100 hawks will fly overhead each hour.</p> <p>The Hawk Talk begins at noon - a Golden Gate Raptor Observatory (GGRO) volunteer speaks about hawk migration and identification. Then at 1pm, a banding volunteer brings up a newly banded hawk, talks about the banding program, shows everyone the hawk, and lets it go in front of the crowd. It is a great way to learn about hawks and see one up close.</p>	<p>Suggested age: Tigers through Webelos Related awards: Wildlife conservation belt loop Detail: Hawk talk info, hike info</p> <p>Leader Notes: GGRO contact: 415-331-0730 Available every Sat & Sun in Sep & Oct. Avoid Fleet Week. Rain or heavy fog cancels. Confirms availability before scheduled hike date. Reservation not needed.</p>
October		<p>Scout-O Orienteering Championships, Briones Regional Park, Martinez</p> <p>The Bay Area Orienteering Club organizes the annual Scout-O, a cross country map and compass adventure designed to test the map reading ability, compass skills and woodsman savvy regardless of experience.</p> <p>Cub Scouts of all ages are welcome. No prior experience needed. Instruction will be offered prior to the event so that all Scouts, regardless of prior experience, will be able to take part in the actual competition. There will be courses of four distinct levels of difficulty, so that no Scout should encounter a challenge beyond his capabilities.</p>	<p>Suggested age: Tigers through Webelos Related awards: Map & Compass belt loop Detail: Scout-O info, park info</p> <p>Leader Notes: Pre-registration required for each scout. Registration usually closes in early October. Go to BAOC website for more information.</p>
November		Pack camping (TBD)	
December		<p>Sycamore Grove, Sycamore Grove Park, Livermore</p> <p>Sycamore Grove Park provides the ideal place to relax and enjoy nature. With 364 acres of parkland, Sycamore Grove is a great place to hike or bike along Arroyo Del Valle, or has a picnic. Sycamore Grove Park is an open space, preserved for nature study and passive recreation.</p>	<p>Suggested age: Tigers through Webelos Related awards: Detail: Hike info, park info</p> <p>Leader Notes: Check website for educational programs</p>
January		<p>Indoor Rock Climbing at SFBAC, San Leandro</p> <p>The Rock is a 32 feet natural looking rock with a number of different routes to climb. The routes vary in difficulty so everyone can have fun no matter what their climbing experience is. Parents should come prepared to learn and be able to belay climbers. Instruction on belaying will be provided prior to your climb.</p>	<p>Suggested age: Tigers through Webelos Related awards: TBD Detail: Location info, BSA Climb on Safely Training Outline</p> <p>Leader Notes: Contact: 510-577-9214. Reservation required.</p>






Program subject to change based on weather conditions, participation levels, or other scheduling constraints.

2012 – 2013 Hiking Program


Month	Location		Notes
February		<p>Bicycling Iron Horse Regional Trail, San Ramon – Danville</p> <p>This multi-use, whole-access trail between the cities of Concord and Dublin follows the Southern Pacific Railroad right-of-way established in 1891 and abandoned in 1977. The completed Iron Horse Regional Trail will span the distance from Livermore in Alameda County to Suisun Bay in Contra Costa County, a distance of 33 miles, connecting two counties and 12 cities.</p>	<p>Suggested age: Tigers through Webelos Related awards: Bicycling belt loop & pin Detail: Trail info</p> <p>Leader Notes:</p>
March		<p>Forest Conservation Days, Sanborn County Park, Saratoga</p> <p>Cub Scouts are invited to a 2-3 hour interactive, hands-on hike with a forester through the redwood forest and the oak woodlands of Sanborn Park. Included will be tree identification, and instruction/activities on geology, soils, wildlife biology, native culture, firefighting, forest products, demonstration of a vintage 1882 Steam Donkey, and more!</p>	<p>Suggested age: Tigers through Webelos Related awards: Webelos forester pin Detail: Event info, park info</p> <p>Leader notes: Contact: 408-867-9959. Advance reservation needed and begins in early January.</p>
April		Pack camping (TBD)	
May		<p>Little Yosemite, Sunol Regional Wilderness, Sunol</p> <p>Little Yosemite is a scenic gorge on Alameda Creek about two miles upstream from park headquarters. It is an especially attractive portion of this creek. Its gorgeous waterfalls and pools seem to attract cub scouts like a magnet.</p>	<p>Suggested age: Tigers through Webelos Related awards: Detail: Hike info, park info</p> <p>Leader notes:</p>
June		<p>Wildcat Peak, Tilden Nature Study Area, Tilden Regional Park, Berkeley</p> <p>A view of Mount Tamalpais rising from San Francisco Bay will be the reward for hiking to the top of Wildcat Peak in Tilden Park. This trail loops through eucalyptus and oak forests, up moderately steep hills, then back to one of the best nature study areas in the Bay Area.</p>	<p>Suggested age: Wolves through Webelos. Younger scouts and siblings who are not hiking can visit the Environmental Education Center. Related awards: Detail: Hike info, park info</p> <p>Leader notes: Naturalist-led programs available</p>
July		Crown beach?	
August		Pack Camping (TBD)	

Program subject to change based on weather conditions, participation levels, or other scheduling constraints.

Other Interesting Hikes

Month	Location		Notes
		<p>Fages Trail, Camp Herms, El Cerrito</p> <p>Since the Fages Trail was established in 1973, it has been hiked by more than 15,000 people. It is a favorite of Scout groups throughout the area. Boy Scouts typically hike the full 10.4 mile loop, while Cub groups hike the shorter 3.3 mile segment. Trail maps and informational flyers on the history surrounding the region are available at the Mt. Diablo Silverado Council Office at the address listed above. Remember to bring plenty of water, as the trail can be extremely hot during the summer.</p>	<p>Suggested age: Related awards: Detail: Hike info, camp info</p> <p>Leader notes:</p>
		<p>Las Trampas, San Ramon</p>	
		<p>Mt Diablo, Danville</p> <p>Character counts hike? Clean up?</p>	
		<p>Bay Area Ridge Trail (throughout the Bay Area)</p> <p>Today some 35 public trails totaling over 200 miles in length have been designated as part of this system and more sections are being added every year. These trails vary from short, easy walks along the bay and ocean to challenging hikes on some of the highest mountains in the Bay Area. Easy or difficult, all the hikes provide an opportunity to enjoy fabulous views while getting close to the natural world of the parks, watersheds, and open space preserves we have in and around our communities. For more information and maps go to: www.ridgetrail.org</p> <p>The Bay Area Ridge Trail Patch was created by the Santa Clara County Council and it comes in four segments representing four quadrants of the Bay Area. A segment is earned by hiking or biking a section of the Ridge Trail in each of the quadrants. Elementary school students, Brownies and Cub Scouts must hike/ride at least one mile, and junior high/high school students, Girl Scouts, and Boy Scouts at least two miles on the trail although most will probably want to explore much further. Alternately, a segment can be earned by performing trail maintenance or construction under supervision of the public land agency responsible for that part of the trail. Youth under 11 years old must work one hour and older youth two hours.</p>	<p>Trail Trekker form Patch order form</p>
		<p>Redwood Historic Trail</p> <p>The Redwood Historical Trail is located at Boulder Creek Scout Reservation. Only three and a half miles long, but full of interesting facts about the redwood tree and the redwood logging industry, the trail has 18 stations that weave the story of early California logging history. You will learn how early loggers cut, transported and milled the large redwood trees. You will travel by old logging sites, an old mill site, log slides, and oxen bridge. A patch is available for completing the trail and requirements.</p>	<p>Detail: Hike info</p>

Other Interesting Hikes

Month	Location	Notes	
		<p>Boulder Creek Scout Reservation Nature Trail</p> <p>Starting and ending at the bridge to the Boulder Creek Scout Reservation parking lot, the Nature Trail has 34 stations to find and observe native plants in three ecological zones. A patch is available to those completing the roughly three and a half mile hike.</p>	<p>Detail: Hike info</p>
		<p>Indian Rock Urban Hike, Berkeley</p> <p>It's an urban adventure through some of Berkeley's coolest parks.</p>	<p>Suggested age: Tigers through Webelos Detail: Hike info</p>