

## APPENDIX K

# Cub Scout Outdoor Essentials

---

The following items should be available for each Cub Scout on an outdoor trip. Consider a small fanny pack or similar bag to organize the items and make them easy to carry without interfering with normal activities.

- First aid kit
- Water bottle
- Flashlight
- Trail food
- Sunscreen
- Whistle

### Overnighter Gear

- Tent or tarp, poles, and stakes
- Ground cloth
- Sleeping bag, pillow, air mattress or pad
- Rain gear
- Warm jacket, sweatshirt, sweatpants
- Cup, bowl, knife, fork, spoon, mesh bag
- Insect repellent
- Extra clothing
- Toothpaste, toothbrush, soap, washcloth, towel, comb
- Scout uniform
- Change of clothes
- Durable shoes
- Hat or cap

### Optional Items

- Camera
- Binoculars
- Sunglasses
- Notebook and pencil
- Nature books
- Swimsuit, bath towel
- Fishing gear

## APPENDIX M

# Pack Camping Gear

---

In addition to the individual equipment listed in appendix J, Cub Scout Outdoor Essentials, the equipment listed below should be available for group use.

### Required Items

- First aid kit
- Food
- Cooking utensils as needed by menu, or cook kit
- Stove and fuel, or firewood, charcoal, and cooking grate
- Matches, fire starters, charcoal chimney-style lighters
- Aluminum foil
- Biodegradable soap
- Sanitizing agent (liquid bleach)
- Plastic scouring pads, dish mop, wash tubs
- One hundred feet of ¼-inch rope
- Water containers
- Trash bags
- Paper towels
- U.S. flag, pack flag
- Repair kit (rubber bands, safety pins, sewing gear)
- Toilet paper
- Shovel
- Cooler
- Activity gear (game material, craft supplies, etc.)

### Spare Items

- Tent stakes
- Fuel canisters
- Ground cloth or tarp
- Insect repellent
- Sunscreen
- Eating utensils
- Blanket

### Optional Items

- Dutch oven
- Marshmallows, popcorn, etc.
- Cooking fly or tarp
- Musical instruments
- Lawn chairs, camp stools