



**Starting point:** Visitor center /parking lot

**Distance:** 3.5

**Time:** Allow about 3 hours

**Grade:** Moderate; Strenuous Uphill Part

**Suggested age:** Bears, Webeles

**Hike Description** Begin this hike by **crossing Alameda Creek** on the footbridge near park headquarters. Turn left (downstream). After a short distance, **Flag Hill Trail** will take off uphill, to the right. The trail zigzags up the face of the hill (make sure your hikers understand why it's important not to shortcut switchbacks). **After about a mile of rather steep uphill hiking**, you'll reach the top where you'll probably want to take a good snack or lunch break. While on top, watch for red-tailed hawks (the red upper surface of the tail is visible when the hawk turns), turkey vultures, and maybe even a golden eagle or falcon. **Continue your hike by dropping down the back side of Flag Hill**, turning **right when you reach High Valley Road**. Return to the cars by way of **Hayfield Road**

